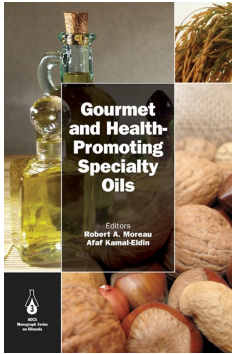


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GOURMET AND HEALTH PROMOTING SPECIALTY OILS EBOOKS 2019



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The third volume in the AOCS PRESS MONOGRAPH SERIES ON OILSEEDS is a unique blend of information focusing on edible oils. These oils contain either unique flavor components that have lead to their being considered "gourmet oils," or contain unique health-promoting chemical components. Each chapter covers processing, edible and non-edible applications, lipids, health benefits, and more related to each type of oil. Includes color illustrations of over 20 health-promoting specialty oils. Comprehensive resource for the chemical and physical properties and extraction and processing methods of these specialty oils. Describes and includes the health effects of over 50 different oils from plants, algae, fish, and milk.

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